

Armenian Healthcare Association of the Bay Area



Free screening and exams

Graciously hosted by The Beglaryan Center, in October of 2016 AHABA organized a free gynecological screening event. A team of OBGYN residents, social workers and nurses lead by Dr. Elena Sagayan and Dr. Armine Haroutinian, conducted cervical cancer and STD screening for women, victims of domestic violence, and beneficiaries of the Women's Resource Center in Yerevan.

On behalf of AHABA, medical supplies were donated to local polyclinics and for a home delivery in Oktemberyan marz. In total, 36 women received free gynecological exams and cervical cancer screening with the help and participation of physicians and volunteers of Children Of Armenia Fund (COAF).

The next and final trip was to "Lighthouse", a shelter for battered women and children situated in an undisclosed location in Etchmiadzin. AHABA physician volunteers performed general medicine and gynecological exams and consultations for women at the Center as well as for the elderly population from neighboring villages. Dr. Sagayan and Dr. Ohanyan held a workshop on female reproductive health for the women living at the shelter.

Having observed the need for basic medical supplies, a donation of a wide range of medications was made on behalf of AHABA to support the work of onsite ambulatory care.



AHABA BOARD WISHING YOU A MERRY CHRISTMAS AND A JOYOUS NEW YEAR!

This newsletter reflects the work done by AHABA in 2016. We are honored to serve such a wonderful community and want to thank you for your continuous support and contributions!



Diabetes camp in Armenia

AHABA has been working for the last five years with the Yeraz Charitable Fund, AAMS (Armenian American Medical Society of Southern California), and the Muracan Children's Hospital of Yerevan to improve the care of children with type 1 diabetes. Approximately 400 children ages 1-18 years old are diagnosed with T1DM in Armenia. The Armenian-American diaspora has shown continuous support to children with diabetes in Armenia by supplying insulin, Glucometers, strips, an A1C machine and cartridges.

Every summer since 2011 AHABA has sponsored and helped to organize diabetes camps for 35 children in different regions of Armenia. In 2016 the camp was in Arzni. Physicians from the USA volunteer to provide medical care and education for the camp participants. During the camps, children receive training on insulin injections, carbohydrate counting, recognition and treatment of hypoglycemia, oral care and other important issues related to life with diabetes. Cultural and sports programs are also part of the diabetes camp. Our diabetes camps have been greatly appreciated by children, their families and local endocrinologists. Indications are that the camps improve diabetes care as well as the children's emotional status. Formal evaluations of camp outcomes are underway.



Osteoporosis Symposium

Worldwide, one in three women over age 50 will experience osteoporotic fractures, as will one in five men aged over 50. As the population of the planet is getting older, osteoporosis takes a huge personal and economic toll.

For the last 10 years, Dr. John Bilezikian, chief of the Endocrine Division of Columbia University Medical School, has organized the Osteoporosis Symposium in Armenia to raise awareness of fracture risks, and promote osteoporosis prevention and treatment. Thanks to his efforts, there are now seven bone densitometers in Armenia: five in Yerevan, one in Artsakh, and one in Gyumri, and two others that will be placed in Kapan and Vanadzor before the end of the year. Drs. Mariam Manoukian and Elena Sagayan presented workshops on October 5, for 600 local physicians.



12th AMWC

Armenian Medical World Congress



12TH ARMENIAN
MEDICAL WORLD CONGRESS
BUENOS AIRES, ARGENTINA
MAY 31- JUNE 2, 2017

Registration for conference is now open
Deadline for abstract submission is
January 31, 2017

More information can be found at:
www.12amwc.com



Mental Health Project

In 2016, AHABA sponsored a project of the Armenian Psychiatric Association, the Association of Child Psychiatrists and Psychologists of Armenia to improve the quality of mental health care in Artsakh for those suffering traumatic consequences of active combat, and for the families of those who lost loved ones. The project includes training of local primary care providers and mental health professionals and publication of a manual on Post Traumatic Stress Disorder as part of a broader and ongoing project aimed at providing long term support for the veterans and their families. The team of local experts is led by Khachatour Gasparyan, PhD, Chairman of the Psychology Department of Yerevan State Medical University. AHABA board members, Dr. Ruzanna Ohanianian and Dr. Arman Danielyan, will also provide remote support for the implementation of the project.

Please consider sending your tax-deductible contribution to support our projects. Tax ID: 46-5168594

Save the date:
March 19, 2017 12-3PM

AHABA and NORCAL will partner to host an Health Fair at Calvary Armenian Church, in San Francisco. Open to the General public, free medical screening, consultations by local Armenian doctors, drug exhibits and health related presentations will be provided.

Medical providers interested in participation in the Fair, please contact Mariam Manoukian (manoukian@aol.com) or Elena Sagayan (esagayan@yahoo.com).

www.12amwc.org/social

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