

# Armenian Healthcare Association of the Bay Area

December 2017

## Women's Health Conference

To advance cutting-edge surgical training in Armenia, AHABA organized a major conference on Urogynecology in Yerevan on October 10-11, 2017 in partnership with the Beglaryan medical center, Dr. Armine Harutyunyan, and Gagik Beglaryan. U.S. experts presented lectures on cutting-edge topics in female pelvic reconstruction and minimally invasive techniques in gynecology. Even more exciting, the second day of the conference featured live surgery demonstrations with simultaneous translation in the lecture hall. Presenters included Dr. Samvel Badalian, MD Ph.D. (clinical professor, Dept. of OBGYN and Urogynecology, SUNY Upstate NY) and Dr. Elena Sagayan MD, MPH (operative gynecologist at Kaiser Permanente Northern California). Among conference participants were leading specialists in operative gynecology, general OBGYNs, residents, and medical students.



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## Summer Camp For Children With Diabetes

Camp Yeraz is an innovative social and educational program for children and teenagers with Diabetes where the children and their parents learn better ways to manage their diabetes care, medications and meal planning. Your donations to AHABA provide a significant portion of the financial support for 35 low-income and underserved youth from primarily rural areas across Armenia to spend one week at the Yeraz summer sleep-away camp. The camp is about 15 km outside Yerevan on an estate with two grand buildings that serve as dormitories and classrooms. Both parents and physicians at the camp agree that the children acquire greatly enhanced self-management skills and knowledge about diabetes. Through outdoor activities, music, and art classes the children make new friends and gain a strong sense of emotional well-being. You can see it in their eyes and movements as they eagerly prepared for the concluding night bonfire on June 3, 2017. Surrounded by their families and staff, the children danced and sang with glee. Clearly, Yeraz Camp is a highlight of their lives and an important support for parents.

## AHABA Contributions

With the help of your donations, in 2017 AHABA continued to fund AUA Public Health Library, provided medications for women and children at Lighthouse Shelter, contributed funds to support Gait Lab for children with cerebral palsy at Wigmore clinic in Yerevan and supported Walnut Creek Homenetmen Chapter Bay to Breakers team.



## Health Fair



On March 19, 2017, AHABA and NORCAL organized a Health Fair at Calvary Armenian Church in San Francisco. During this free public event, Armenian physicians of the Bay Area, specializing in Primary Care, Endocrinology, Gastroenterology, Gynecology, Infertility, Dentistry, Neurology, Orthopedics, Vascular Surgery, Pharmacology, Dermatology, Psychiatry, and Psychology came together to promote health and wellness among members of our Armenian community. We offered free laboratory exams, screening for diabetes, hypertension, circulation problems and dental exams for over 60 participants and provided consultations and information on the newest methods of treatment available.

Please consider sending your tax-deductible contribution to support our projects. Tax ID: 46-5168594