



Armenian Healthcare Association of the Bay Area

December 2019

DIABETES CAMP

The camp for 35 children with type one diabetes took place in Arzni from June 29 to July 5. In 2019, our donation to the camp was increased, and we also purchased 20 continuous glucose monitors for the children to wear during the camp. Children at the camp were provided with the monitoring devices and received education on insulin injections, carbohydrate counting,



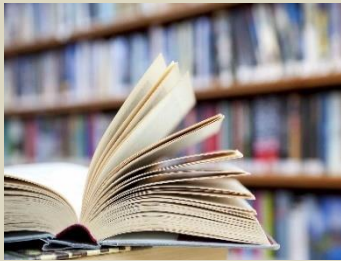
recognition and treatment of hypoglycemia, oral care, and other important issues related to living with diabetes. Cultural and sports programs are also part of the diabetes camp. Such diabetes camps have been greatly appreciated by children, their families, and local endocrinologists.

LIGHTHOUSE SHELTER SUPPORT

In 2019, AHABA continued to support the shelter run by the Armenian Lighthouse Charitable Foundation (ALCF) in the Armavir Province of Armenia by providing medications to the resident women and children as well as to Syrian-Armenian refugees and senior citizen community members who receive support at the shelter.



AUA PAPAZIAN LIBRARY highly values the HINARI research database. Faculty and students in the School of Public Health use HINARI to access full-text articles not otherwise available to them. AHABA is contributing to the scholarship and preparation of AUA students in Public Health, who, in turn, contribute to the health and well-being of Armenia.



SCIENTIFIC PUBLICATIONS

In 2019, two of AHABA's projects resulted in publications: an article titled "Assessment of Reproductive and Sexual Health Literacy of Women in Armenia" authored by Mariam Barseghyan, MD, MS, Hayk Barseghyan, Ph.D., Gardenia Nahigian, BA, Eric J Vilain MD, Ph.D., Elena Sagayan, MD, MPH, Michael Wilkes, MD, MPH was published in the International Journal of Health and Wellness.



A practical guide for mental health providers caring for patients with PTSD titled "Post-Traumatic Stress Disorder Practical Manual" by Khachatur Gasparyan, Ph.D., Arman Danielian, MD, is in a process of being published in Yerevan.



GYNECOLOGY RESIDENCY PROGRAM

This November marks the first step toward the new residency curriculum in Armenia, an opportunity for doctors to become true professionals ready to provide patients with evidence-based competent care upon graduation. AHABA donated a set of state-of-the-art instruments to train residents in vaginal hysterectomy.



12th Armenian Medical World Congress

Armenian health professionals met during July 4-6 at the Marriott Hotel in Yerevan for a Congress, which included over 600 attendees from around the world.

13th Armenian Medical World Congress

will take place in Moscow in July 2021, and its focus will be on upcoming technologies and Diaspora cooperation for improving healthcare in Armenia. Details on the 13th AMWC will be available on website: <http://13amwc.com/>

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of the Bay Area**
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AHABA fundraiser in November 2019